

GOOD FRIDAY FUNDRAISER

FRIDAY 19TH APRIL 9AM TO 12PM

Main Studio

9.05am - 9.40am METAFIT
9.45am - 10.25am BODY ATTACK
10.30am - 11.00am BODY STEP
11.00am - 11.45am ZUMBA

Wellbeing Studio

9.15am - 10.15am BODY PUMP
10.20am - 11.20am BODY BALANCE

Cycle Studio

10.20am - 11.00am RPM

Warm Water Pool

9.30am - 10.15am AQUAFIT



GIVE FOR THE KIDS



goodFridayappeal
THE ROYAL CHILDREN'S HOSPITAL



WaterMarc
Banyule

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