

WaterMarc Reformer Studio Timetable – May 2025

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
6.15am	Reformer Pilates		Reformer Pilates		Reformer Pilates		
7.15am	Reformer Pilates		Reformer Pilates		Reformer Pilates		
8.15am				Reformer Pilates		Reformer Pilates	Reformer Pilates
9.15am	Reformer Pilates	Reformer Pilates	Reformer Pilates	Reformer Pilates	Reformer Pilates	Reformer Pilates	Reformer Pilates
10.15am	Reformer Pilates	Reformer Pilates	Reformer Pilates		Reformer Pilates	Reformer Pilates	Reformer Pilates
11.15am					Pre & Post Natal		
12.15pm	Reformer Pilates			Reformer Pilates			
5.15pm		Reformer Pilates		Reformer Pilates			
6.15pm	Reformer Pilates	Reformer Pilates	Reformer Pilates	Reformer Pilates			
7.15pm	Reformer Pilates		Reformer Pilates				