

# Newsletter

May 2025

### Welcome

#### 💪 WaterMarc Banyule Community Newsletter – May Edition 🌟

Dear WaterMarc Members, Guests, Staff, and the Banyule Community, Welcome to the May edition of the WaterMarc Community Newsletter! It's been a busy and exciting few weeks, and we're thrilled to share some great updates with you.

Reformer Pilates Has Arrived!

We're excited to announce that our brand-new Reformer Pilates studio is now open! After months of planning and construction, the beautiful new space is ready for you to enjoy. Upgrade to a Premium Membership to enjoy unlimited Reformer Pilates classes, plus full access to the swimming pool, health club, and group fitness.

🎉 Good Friday Appeal – Thank You!

A huge thank you to our incredible team who volunteered their time on Good Friday. Together, we raised over \$2,000 for the Royal Children's Hospital Good Friday Appeal. We couldn't have done it without your support!

Waterslide Access Now Included in GoSwim Memberships
We have more great news for our swim families – GoSwim memberships now include waterslide access! Chat with our Swim School team to learn more about this exciting addition.

We're proud to announce that several of our amazing team members have been nominated for the Aquatics and Recreation Victoria (ARV) Industry Awards. Their dedication and hard work inspire us all – congratulations to our nominees!

- Upcoming Events
- Women's Only Slide Night Saturday, 24th May, in partnership with Banyule Youth Services, we're hosting our bi-annual Women's Only Slide Night - a fun, inclusive event not to be missed!
- Mercy Health Treadmill Challenge 20th & 21st June
  Join us in supporting Mercy Perinatal to help bring more
  mothers and babies home safely. Let's walk, run, and make a
  difference together.

Thank you for being part of our WaterMarc community. We look forward to seeing you at the centre soon!

Wes Hurrey, Centre Manager



# Reformer Pilates

### Premium Reformer Pilates Membership also includes:

- ✓ Health Club Access
- ✓ Recovery Zone
- ✓ Group Fitness Classes
- ✓ Swimming Pools





# Reformer Pilates









# WaterMarc staff ARU Award Nominations!

### Pete Cooper - Group Exercise Instructor of the Year

Pete is one of a kind, and is a true WaterMarc icon! He is genuine, humble, geneours and passionate. He always volunteers for special events such as Good Friday Appeal classes. SOmeone one commented "make the man a statue!"



### Tarrah Delgado - Lifeguard of the Year

Tarrah is a fantastic lifeguard who always has eyes on the pool, leads by example, is a role model to other staff and has inspired many female staff to follow in her footsteps.

### Grace Maxey - Swim Teacher of the Year

Grace sets a high standard for Swim teaching, and has been voted Swim Teacher of the Month twice, and has been runners up three times. she is an incredibly positive individual, she consistnetly offers encoiurgaement and guidance, ensuring each student comes away from lessons having learnt something and feel more confident in abilities.



Always has a positive attitude and a calm demeanor, communicates effectiely with management. Splish Splash class - her class became so popular, an additional class had to be added. Over the last 12 months, she has mentored 10 new teachers.



The Aquatics Recreation Victoria (ARV) Industry Awards are held annually, to recognise the hard work and success of the Aquatic and Recreation Industry each year.







### **Good Friday Appeal**

What an amazing day we had on Good Friday! \$2353.20 was raised for the Royal Children's Hospital Good Friday Appeal through entry donations, raffle tickets, the egg-guessing jar competition and of course the sale of yummy hot cross buns!

All staff working on the day day volunteered their time to open all the facilities to the community. There were lots of fun had on the waterslides, inflatable course, working out in the health club and a couple of fantastic group fitness classes.

Thank you to everyone who attended the day and donated, and a special mention to the following bushiness who donated prizes to our raffle:

















# Women's Only Swimming night



\$5 ENTRY (PAYABLE ON ARRIVAL)

UNLIMITED WATERSLIDE RIDES!

SPA, SAUNA & POOL FACILITIES

AGES 16+

BOYS AGED 0-4 CAN ATTEND
(ALL CHILDREN UNDER 4 YEARS FREE)

SATURDAY 24<sup>TH</sup> OF MAY 7:30 – 9:30 PM

WATERMARC
1 FLINTOFF ST, GREENSBOROUGH VIC

Jessica Sayers 0468753812 jessica.sayers@banyule.vic.gov.au

**EXPRESS YOUR INTEREST HERE** 



\*ALL THE GLASS WINDOWS WILL BE
PROTECTED WITH AN OPAQUE MATERIAL TO
KEEP THE EVENT PRIVATE FROM THE PUBLIC
EYE\*











### **GOSWIM Membership Inclusions:**

When you become a member of our GOswim Program at WaterMarc Banyule, you'll be accessing these great inclusions:

- <u>Weekly Lessons</u> Enjoy weekly Swimming Lessons for 48 weeks of the year.
- GOswim Bag to store your swim gear.
- Unlimited Swim Access Students enjoy aquatic access outside of lesson times.
- <u>Easy and Affordable Payments</u> with weekly payments, swimming lessons are more affordable and can be easily managed with our direct debit system.
- <u>Ongoing Enrollment</u> preventing the need to re-enrol each term and offering you a perferred lesson time.
- Summer Family Swim Access throughout the 4 week Summer break.
- <u>Active World App</u> Stay in touch with student progressions, learning outcomes and manage your membership through our intergrated app.
- <u>PLUS, One Week Holiday Intensive Program</u> Get access to 5 consecutive days of lessons during our Summer holiday program in January each year.
- Waterslide Upgrades for all Students with an active membership\*

\*Students must meet the height and weight requirements to use the Waterslides. Students accounts must not be on suspension to receive Waterslide upgrades.





swimschool@watermarcbanyule.com



www.watermarcbanyule.com.au





"The weightlessness of exercising, exercising without pain, there is nothing I don't enjoy about the sessions."

## The types of goals Immersion Therapy can assist a participant to acheive are

#### **Physical**

- \*Improve mobility
- \*Muscle strengthening & conditioning

#### <u>Psychological</u>

- \*Increase confidence & self-esteem
- \*Improve health & well-being

#### **Social**

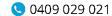
























# COME AND TRY AUSTRALIA'S MOST INCLUSIVE SPORT SUPPORTED BY WATERMARC



### Anyone can play

Come along, join in and have some fun!

### **Get physical**

Try something new and get physically active.

### Meet new people

Join the boccia community!



### **COME AND TRY DAYS**

Dates: Thursday 15 May & Thursday 22 May

Time: 1pm-2.30pm

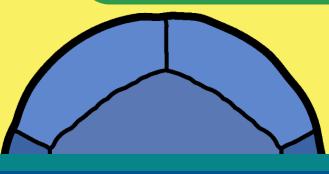
Location: Main Studio, WaterMarc

**Cost:** FREE

Check out Boccia through the QR code

Send your expression of interest to: hgentz@watermarcbanyule.com.au





Head to **boccia.com.au** for more info or email pathwaysvic@boccia.com.au



# SATURDAY 31<sup>ST</sup> MAY - 7AM TO 7PM

- All ages & abilities welcome!
- Join as an individual, with your family, or get a team together
- \$30 Registration swim as many laps as you can!



## 





Believing In Children, Young People, Families & Their Future.

dveswimathon@gmail.com

www.dveaquatic.org.au raising funds for Berry Street









### IDAHOBIT Day

International Day against Homophobia, Biphobia, Intersexism and Transphobia (IDAHOBIT) is the international celebration of advancements in the LGBTQIA+ equality celebrated on 17th May every year. IDAHOBIT started on May 17, 1990, when the World Health Organisation removed homosexuality from the Classification of Diseases and Related Health Problems.



We stand with the LGBTQIA+ community in calling out discrimination and celebrating diversity.

Everyone deserves to feel safe, valued and proud of who they are. Together, we can build a world without discrimination, today and every day of the year.

### **National Reconciliation Week**

*i* The dates for NRW remain the same each year; 27 May to 3 June. These dates commemorate two significant milestones in the reconciliation journey – the successful 1967 referendum, and the High Court Mabo decision respectively.



Reconciliation must live in the hearts, minds and actions of all Australians as we move forward, creating a nation strengthened by respectful relationships between the wider Australian community, and Aboriginal and Torres Strait Islander peoples.

Belgravia Leisure and WaterMarc respectfully acknowledge and recognise Aboriginal and Torres Strait Islander peoples as Traditional Custodians of Country and pays respect to their cultures and Elders past and present.



### **Important Notice: CPI Increase**

Dear Members,

Please note that, effective from mid-August, there will be a CPI (Consumer Price Index) increase applied to memberships and entry fees. More information will follow. We appreciate your continued support and understanding.

### **DVE Aquatic Shines on the National Stage**

Queensland, April 2025 — Led by Head Coach Brian, the team of dedicated swimmers, along with their families, proudly represented the club on a national stage, competing in a combined 46 events across both meets. Their commitment and resilience were on full display as they took on the country's best.

Eight swimmers aged 13 to 17 qualified and competed in 34 events during the National Age Championships, delivering outstanding results. Between them, they achieved an impressive 22 personal bests, a testament to their hard work and progress throughout the season.

Notably, eight events placed in the top 20, with stand-out performances from Rhianna, Eliza, Ryley, Amity, Ash, and Zoe. Among these, four events saw our athletes place in the top 10, with Rhianna and Ashley leading the charge.

Four of our senior swimmers, aged 15 to 19, also qualified for the prestigious National Open Championships. Competing in 12 events, they continued to show determination and class, with two top 20 finishes and two personal bests achieved. Rhianna once again impressed with her consistency and drive at this elite level.

Coach Brian, who supported the athletes throughout the fortnight, reflected proudly on the team's development:

"These swimmers showed incredible spirit, both in and out of the pool. It was more than just fast times—it was about learning, growing, and competing with heart."



# Have your say in the draft Active Banyule Plan Banyule

Banyule City Council has developed the draft Active Banyule Plan 2025-2030, their 5-year strategy for supporting a healthier, more active and connected community. The Plan focuses on increasing participation in physical activity, sport and recreation across our municipality.

Council is calling for community members to view the draft Plan and submit feedback.

To have your say, visit <a href="https://shaping.banyule.vic.gov.au/ActiveBanyule">https://shaping.banyule.vic.gov.au/ActiveBanyule</a> to view the draft and complete the survey before 8 June 2025.





### What's on in Banyule!

Discover upcoming events from Banyule City Council – just scan the QR code!











Receive a \$100 voucher to play at a sport club in Banyule

### **Banyule Abilities Unleashed**

A free, fun, and inclusive day of activities connecting people with disabilities to local sport and active recreation opportunities.

Thursday 17 July, 2025

Adults: 10 AM - 12 PM

Kids: 1 PM - 3PM

Banyule Nets Stadium,

2 Somers Ave, Macleod VIC 3085

Registration links:

Click here for Adults

Click here for Kids

Contact: abilitiesunleashed@sports.org.au

This project has received grant funding from the Australian Government managed by the Australian Sports Commission.

Presented by















### **Upcoming Events and Important Dates!**

15th of every month - *Members breakfast 8-11am* 

Thursday 15<sup>th</sup> May - *Wheelchair Boccia FREE Come and Try* 

Thursday  $22^{nd}$  May - Wheelchair Boccia FREE Come and Try

Saturday 24<sup>th</sup> May - **Womens Only Slide Night** 

Saturday 31<sup>st</sup> May - **DVE Swimathon Fundraiser** 

Monday 9th June - Kings Birthday Public Holiday (reduced hours)

Friday 20<sup>th</sup> & Saturday 21<sup>st</sup> June - *Mercy Health Treadmill Challenge* 

Friday 4th July - Youth Slide Night

