

Newsletter

September 2025

Welcome

WaterMarc Banyule Community Newsletter – September Edition

Welcome to the September edition of the WaterMarc Banyule Community Newsletter!

A Warm Welcome to Our New Centre Manager – Renee!

August marked a new chapter for WaterMarc as we welcomed our new Centre Manager, **Renee**, to the team. With over a decade of experience in the industry, Renee brings a dynamic blend of professionalism, warmth, and a genuine passion for community engagement. Her leadership style is rooted in authenticity and fun — values that align perfectly with the spirit of WaterMarc.

Originally from Sydney, Renee is a proud supporter of the GWS Giants (yes, the orange team!), and she's also a devoted dog mum to a lively one-year-old corgi. When she's not cheering on her team or spending time with her pup, you might catch her singing along to Taylor Swift — she's a certified Swiftie through and through!

Be sure to say hello when you see her around the centre!

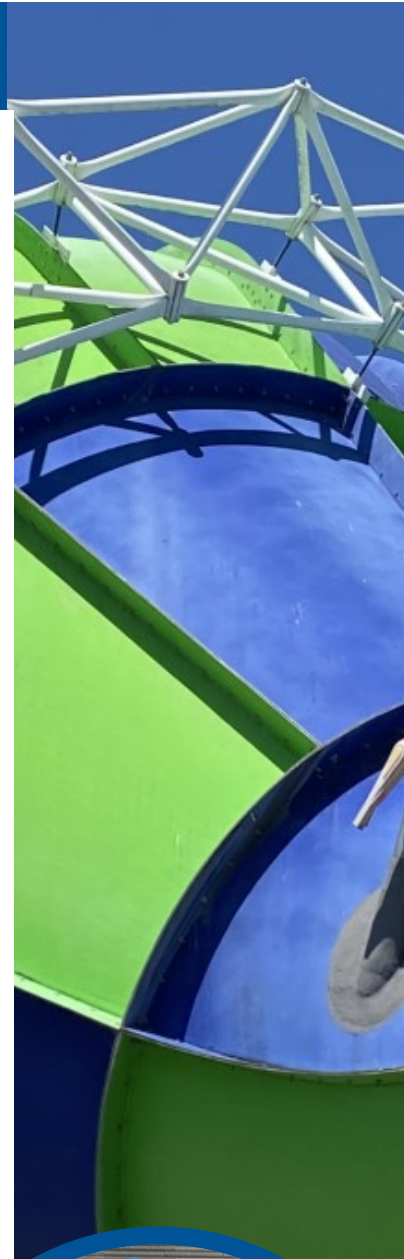
What's Happening This Spring?

As we head into the school holidays, WaterMarc is buzzing with activity. September brings a mix of fun and fitness for all ages, including Kayak Paddleball, the exciting GoSwim Race Day, and a range of footy-themed activities to celebrate the season.

Looking ahead to October, we're proud to host our popular Women's Only Swim Night. We're also teaming up with Visit Greensborough for a vibrant Open Day, which will be part of the Mind and Body Expo.

Introducing Cryo Lounges at WaterMarc!

We're always looking for ways to enhance your experience, and we're excited to announce the arrival of Cryo Lounges at WaterMarc! These innovative recovery lounges offer a new way to relax, rejuvenate, and support your wellness journey. Curious to learn more? Flip through this edition to discover how Cryo Lounges work and why they're quickly becoming a favourite among our members.



NEW!

CryoLounge+

ADVANCED RECOVERY CHAIR

Benefits of

CryoLounge+

ADVANCED RECOVERY CHAIR

- ✓ Reduce muscle soreness
- ✓ Lower inflammation
- ✓ Improve mood and clarity
- ✓ Enhance circulation



*Included in Premium
Memberships - chat to our
reception team today!*



**ONLY \$37.30
PER WEEK**

**CONCESSION PRICE NOW AVAILABLE ON
PREMIUM MEMBERSHIPS!**

≡ Feel Great Greensy ≡

Mind & Body Expo



Healing

Crystals
Aromatherapy
Relaxation



Nourish

Healthy pantry
Free smoothies
Cooking supplies



Energise

Karate + Zumba
Local sports clubs
Fitness demos

WaterMarc Open Day with fun activities all day!

Sun Oct 12th, 10am-2pm
Greensborough Walk



[More info on the event here!](https://www.watermarcbanyule.com.au)

DVE WaterPolo

DVE Aquatic Water Polo has been active at WaterMarc this quarter holding two great events in June

- Come and Try with 20 participants
- Hosting our very first home round of the Water Polo Community tournament with 8 Water Polo Clubs and 200 participants in attendance

DVE Water Polo members have again continued to be awarded Victorian state representative honours and the club is very proud of their achievements. Congratulations to:

- Water Polo Australia (WPA) U13 National Development Squad
 - Lewis Louey, Jeremiah Muhuri, Ashton Bohan, Iranda Wijayaratne, and Audrey Thomas,
- WPV U15 East Coast Challenge tournament in Melbourne - bronze medallist
 - Daniel Orangi, Archie Cooper and Alexander ("Ajay") Puglia
- WPA National State Championships
 - U15 - Alexander ("Ajay") Puglia
 - U17 - Liam Niceforo

DVE Water Polo remains well represented at the state level with our head coach Jamie Osland leading a VIC squad assisted by one of senior members Spencer Beech

dve
aquatic



We thank WaterMarc for the great support on our Swimathon event which raised funds for Berry Street and DVE Aquatic

The club is always looking to welcome new players to be involved in a terrific, community sport.

If you are interested to know more or would like to try out and see what it's all about, including 2 free trial sessions, please enquire via our web page-

<https://www.dveaquatic.org.au/contact-4>





COME AND TRY AUSTRALIA'S MOST INCLUSIVE SPORT SUPPORTED BY WATERMARC



Anyone can play

Come along, join in and have some fun!

Get physical

Try something new and get physically active.

Meet new people

Join the boccia community!



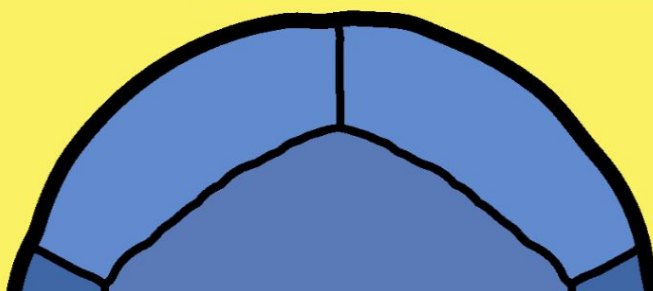
INTERESTED?

WaterMarc club runs on
Thursdays 3pm-5pm

Main Group Fitness Studio - Level 1

Free! Come and try it out!

Contact hgentz@watermarcbanyule.com.au
or call 9422 8362



Head to boccia.com.au
for more info or email
pathwaysvic@boccia.com.au

Enjoy 6 weeks of
***PREMIUM
BENEFITS***

when you join on a full access membership

GET STARTED TODAY

TERMS & CONDITIONS APPLY | TEEN MEMBERSHIPS EXEMPT | NEW MEMBERS ONLY

Womens Health Week

From September 1–5, WaterMarc came alive with energy and empowerment as we celebrated Women's Health Week. Highlights included a vibrant belly dancing class that had everyone shimmying with joy, and a calming Sound Meditation session that offered a peaceful pause.



Exercise Physiologist Louisa also led two insightful seminars on Osteoporosis/Osteopenia and Hormone Health, sparking important conversations around women's wellbeing. Thank you to all who joined us—let's keep moving, connecting, and celebrating women's health every day! 🌟🧘♀️💪

Womens Only Swim Night

Saturday 11th September, 7.30pm-9.30pm

\$5 entry payable on arrival

Tantrum Alley and Pipeline Waterslides! Splash Park!

Warm Water Pool, Spa, Sauna & Steam Room (over 16s only)

*Please note that 24/7 gym will be closed during the event and will resume at 10pm



Youth Slide Night



Youth Slide Night is back on Friday 19th September 6pm-9pm to celebrate the school holidays!

For only \$3 come along and enjoy unlimited access to the Tantrum Alley and Pipeline Waterslides. (Ages: 10-17)
There will also be some young artists performing on Greensborough Walk!

This event is in partnership with Banyule Youth Services.



Reformer Pilates

8-Week Course – Bring Your Baby!

Rebuild strength, improve posture, and support your recovery in a relaxed baby-friendly environment. Our Postnatal Reformer Pilates classes are specially designed for new mums – and non-mobile babies are welcome to come along too!

When: Wednesdays 12.15pm

Starts: October 8th

Duration: 8 Weeks

Cost \$200

For bookings and for more information
call 9422 6111
or visit reception

*medical clearance required if under 12 weeks post-partum



Chair Yoga

Inclusive and Accessible Movement

Improve mobility, flexibility and posture without needing to worry about balance or getting on the floor- all postures and stretches are done seated! Sessions will involve gentle poses and sequences of movement, followed by guided meditation.

When: Fridays 12.40pm

Place: WaterMarc Wellness Studio

Duration: 45mins

Cost: \$5 for non-members

For bookings and for
more information
call 9422 6111
or visit reception

*Carers and companions
free of charge with relevant
card



★ ★ **STAFF** ★ ★

MEMBER

OF THE MONTH

JULY



CHANTELLE

Chantelle has been recognised for her calm and professional demeanour, making a positive impact every day.

AUGUST



STEVEN

Steven treats everyone with respect and doesn't shy away from dealing with the hard situations that every lifeguard has to.



Upcoming Events and Important Dates!

15th of every month - **Members breakfast 8-11am**

Friday 19th September - **Youth Slide Night**

School Holidays 20th September - 5th October - **Slides Open 10am-5pm**

Saturday 20th September - **Join WaterMarc at Diamond Creek ParkRun**

Friday 26th September - **AFL Grand Final Public Holiday**

Saturday 11th October - **Womens Only Swim Night**

Sunday 12th October - **WaterMarc Open Day/ Visit Greensborough Mind & Body Expo**